

Social Media - I can keep my personal details safe. I can use a secure password in school and at home. I know who my trusted adult is.

Friendships - I can maintain meaningful friendships. I can repair and reflect on fallings out.

Relationships - I know what a healthy relationship means. I can share. I can be kind to others.

Social Interaction - I can explain my own emotions. I can identify emotions in others. I can access a residential.

Time and Money - I can pay for items and receive change. I can tell the time to the nearest hour and half an hour.

Self-Care - I can manage my own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.

Travel - I can visit the wider community. I can use road safety to keep myself safe in the community. I can use public transport to visit places outside of my community. I can access Bikeability training.

Accessing around me - I can be independent around school. I can be responsible for my own belongings.

Qualifications - I can start my qualification journey in some foundation subjects. I can visit other provisions. I can begin to make choices about my options.

Careers - I can select and complete a classroom job role. I can begin to make decisions about job choices.

Transitions - I can visit specialist teachers for specific lessons. I can access the Bridge program.

Role Model - I can begin to display good role model behaviours. I can show kindness to others.

Medical - I can begin to meet my basic medical needs independently e.g. medicines and care plans. I know where to get support if I feel unwell.

Healthy Mind - I know how to care for myself and my wellbeing. I can identify my emotions. I know which adults can support my wellbeing.

Puberty - I can recognise changes in my body and my emotions.

Exercise - I can demonstrate sportsmanship and fair play. I can work collaboratively with others. I can access sports in and out of school.

Diet Choices - I know the different food categories. I know what a balanced diet looks like. I can make healthy food choices.

Living Skills - I can make myself a snack. I can keep an area clean and tidy. I know what is safe and unsafe in the household.

